

Supplies Needed

Priority Items

Baby wipes
Wet wipes
Non-liquid soap (bars)
Washcloths
Toothpaste
Toothbrushes
Combs
Brushes

Additional Items Needed

Tents and Light blankets
Flashlights (solar powered if possible or include batteries)
Coleman Lanterns (solar-powered if possible)
Large Tarps
Nylon Rope
Bungee Cords
1500-10 kilowatt Diesel Generators
Extension Cords
Power Strips
Flood Lights
Empty Diesel Cans

Medical and Sanitation Supplies:

Peroxide
Band-Aids
Antibiotic cream
Surgical Masks
Diapers all sizes
Clorox wipes
Alcohol wipes
Garbage Bags
Cotton Tipped applicators
Cotton balls
Bandage, ace (unspecified)
Bandage, cling
Tape, bandage (assorted)
Bandaid
Gauze
Tongue Depressors
Basin
Thermometers
Thermometer covers (disposable) for oral and ear thermometer
Ear Syringe
Otoscope tips
K-Y jelly
Pen light
Liquid hand sanitizer

Baby wipes
Paper towels
Script pads
Gloves, latex, exam (all sizes)
Gloves (disposable)
Tape, Scotch transparent
Skin Closures
Sponge/brush pre-op surgical scrub
Speculum, vaginal disposable plastic
Alcohol pads
Instant cold packs - one time use (the kind you squeeze to make it cold)
Purell hand sanitizer
Ziploc bags (snack, sandwich, and gallon size)
Pill bottles
Ace wrap
Small scissors and tweezers
Toothbrushes, sample size toothpaste
Travel soaps, shampoo, and toothpaste (the kind from hotels)
Flip-Flops (new - children, adolescents, adult sizes)
Washcloths

Medications - Over the Counter:

*Generic medications are fine and much cheaper.
Please do not bring expired medications.*

Tylenol (Acetaminophen)
Ibuprofen/Advil
Aspirin
Vitamins (adult and children)
Calcium tablets
Vitamin E tablets
Vitamin C tablets
Hydrocortisone cream
Antibacterial ointment (like Neosporin)
Monistat cream (or generic)
Anti-fungal cream (Lotrisone or generic)
Sudafed
Benadryl (liquid for kids and pills for adults)
Children's chewable and liquid- Motrin and Tylenol
Visine and/or allergy eye drops
Tums, Gas-ex, Pepcid, Zantac, Mylanta (drops for infants)
Immodium or other anti-diarrheal medication
Nix or Rid (for lice)
Ear wax removal drops (Debrox or Cerumenex)

Supplies – Page Two

Prescription Medications:

Generic medications are fine and much cheaper.

Please do not bring expired medications.

Antibiotics: Amoxicillin, Erythromycin, Bactrim,

Cephalexin, Metronidazole

Scabies medication (Lindane)

Prednisone

Parasite medication (Mebendazole)

Asthma inhalers (Albuterol, etc.)

Food Supplies:

Peanut Butter

Rice

Beans (pinto, black)

Oil (in cans if possible)

Flour

Bulgur